

NAHA CENTENNIAL MITTENS

The Norwegian American Historical Association marks its centennial in 2025! Help us celebrate our first *100 år* (100 years) by knitting these commemorative mittens. The anchor on the thumb is a nod to the sloop *Restauration* and our earlier logo, while the colors shown here embrace NAHA's new identity. Wear them yourself, or share them with your favorite Norwegian-American history lover!

NAHA

Norwegian American
Historical Association

CELEBRATING
100 YEARS
1925-2025



MATERIALS

Yarn: Rauma Finull PT2 or other sport weight yarn. The example is knit in Rauma Finull Maroon 428 (main) and Orange 469 (contrast).

Main color (MC): 145 (165, 185) yd / 130 (150, 170) m

Contrast color (CC): 95 (110, 125) yd / 90 (100, 110) m

Needles: Double point needles in the following size:

US 1.5 (2 .5, 3) / 2.5 (3, 3.25) mm

GAUGE (after blocking)

32 (28, 26) stitches and 34 (30, 28) rows to 4" / 10 cm in pattern

SIZES

Adult small (medium, large)

FINISHED CIRCUMFERENCE (after blocking)

7.75 (9, 9.5)" / 20 (22.5, 24.5) cm

To find the size, measure the hand around the palm above (but excluding) the thumb. If the hand falls between sizes, make the larger size.

7 (8, 9)" / 18 (20.5, 23) cm



ABBREVIATIONS

MC: main color

CC: contrast color

k2tog: (knit two together) Knit next two stitches as one to make a right slanting decrease.

m1L (make one left): Insert left hand needle from front to back under the horizontal strand between the last stitch worked and the next stitch on the left hand needle. Knit this strand through the back loop.

m1R: (make one right) Insert left hand needle from back to front under the horizontal strand between the last stitch worked and the next stitch on the left hand needle. Knit this strand through the front loop.

sk2p: (slip, knit 2 together, pass slip stitch over): Slip 1 stitch knitwise, knit the next two stitches together, pass the slipped stitch over the knit 2 together.

ssk: Slip next two stitches one at a time knitwise, insert left hand needle into the front loops of these two stitches and knit them together (left slanting decrease).

RIGHT HAND MITTEN

Right Cuff: Using MC, cast on 60 stitches. Place a marker (if desired) and join in the round being careful not to twist.

Rounds 1–5: Follow sequence (knit 2, purl 2) 6 times to create ribbing.

Right hand mitten body: Work rounds 1–20 of Right Hand Mitten chart. Do not cut yarns.

Right Hand and Thumb Gusset: Work rounds 22–39 of Right Hand Mitten chart.

Divide for Right Thumb (Round 40 on chart). Work across the first 4 sts of Round 40. Slip the next 15 sts to a holder. With the backwards loop method, cast on 7 sts in color sequence as follows: (CC, MC) three times, CC. Work across the last 51 sts of Round 40. (62 sts)

Complete Right Hand: Work rounds 41–80 of the chart. Cut yarn, leaving a 4" tail. Draw both strands through the remaining 8 sts and cinch yarns tight.

Right Thumb: Slip 15 stitches from holder to needle. Join yarns and work the first 15 stitches of Round 1 on Thumb Chart. In the color sequence indicated, pick up and knit 2 stitches in the gap on the inside edge of the thumb, 7 stitches across the top of the thumb, and 2 stitches on the outside gap. (26 sts) Work Rounds 2–22 of Thumb Chart. Cut yarns, leaving a 4" tail. Draw both strands through the remaining 4 stitches and cinch tight.

LEFT HAND MITTEN

Left Cuff: Using MC and long tail, cast on 60 stitches. Place a marker (if desired) and join in the round being careful not to twist.

Left hand mitten body: Work rounds 1–20 of Left Mitten chart. Do not cut yarns.

Complete Left Hand: Work rounds 41–80 of Left Mitten chart. Cut. Draw both strands through the remaining 8 sts and cinch yarns tight.

Left Thumb: Slip 15 stitches from holder to needle. Join yarns and work the first 15 stitches of Round 1 on Thumb Chart. In the color sequence indicated, pick up and knit 2 stitches in the gap on the outside edge of the thumb, 7 stitches across the top of the thumb, and 2 stitches on the inside gap. (26 sts)

Legend

	Contrast Color
	Main Color
	No stitch
	m1L
	k2tog
	ssk
	sk2p
	m1R

Work Rounds 2–22 of Thumb Chart. Cut yarns. Draw both strands through the remaining 4 stitches and cinch tight.

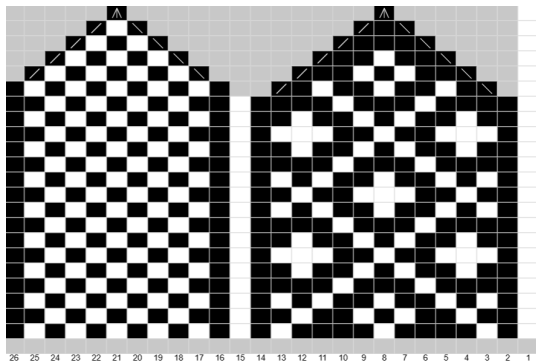
FINISHING

Weave in loose ends. Wash and block mittens to smooth the stitches.

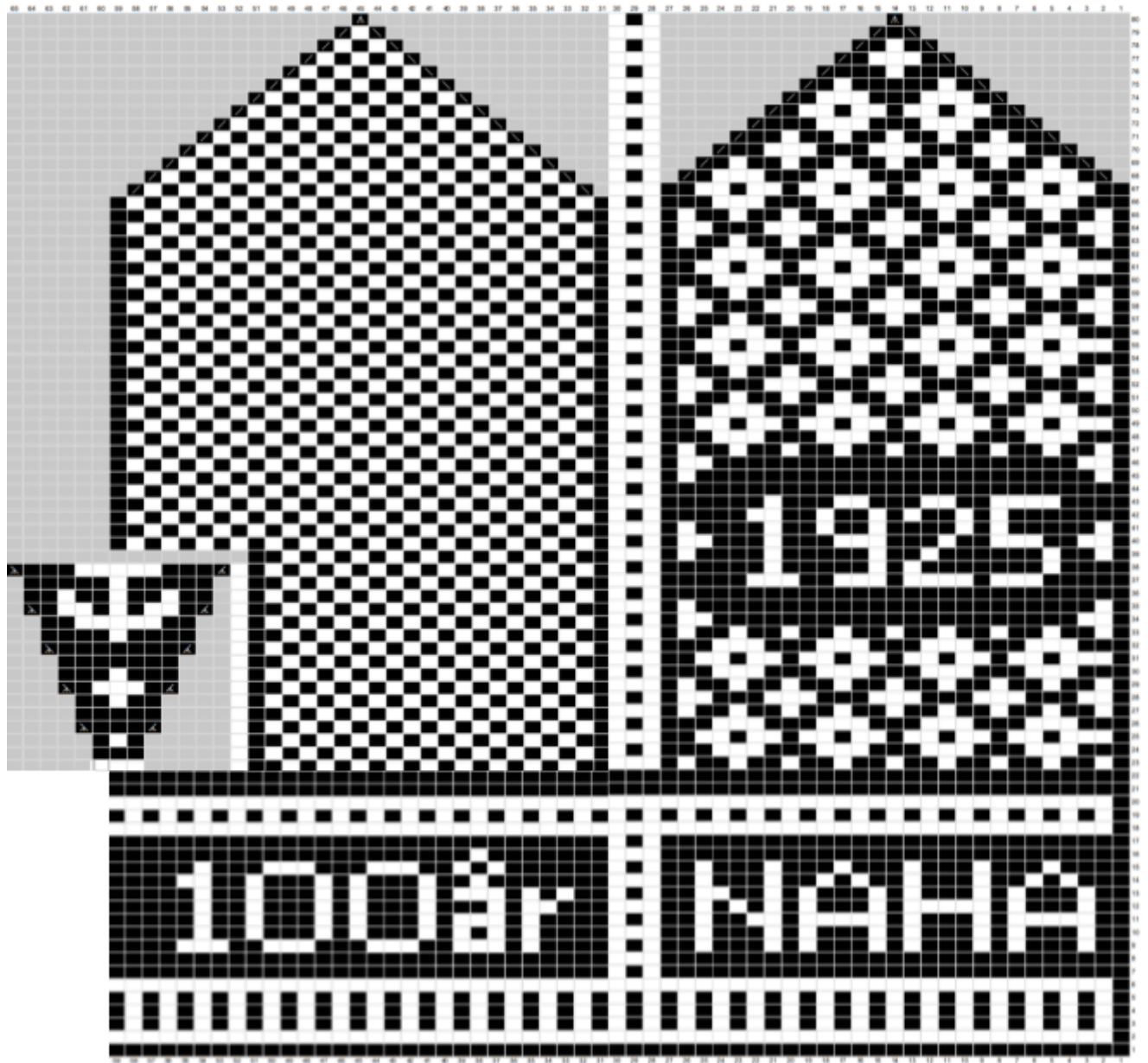
Right Mitten Chart



Left and Right Thumb



Left Mitten Chart



The NAHA Centennial Mitten pattern was inspired by the Snow Ghost Mitten pattern by Aimee Alexander, Polka Dot Sheep Publications, polkadotsheep.com. Design adapted by Amy Boxrud.